

Closure:  
Blue water thwy  
CR 257  
Sunday, April 6  
7am - 1pm.

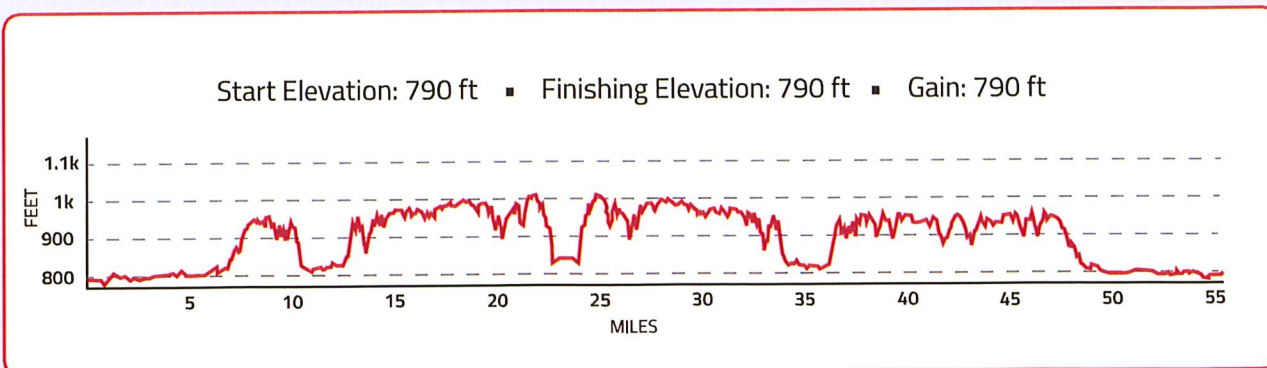


**LEGEND**

- TRANSITION AREA
- START LINE
- FINISH LINE
- MILE MARKERS
- WATER/AID STATION
- MORTAL HYDRATION STATION
- MAURTEN STATION

### TURN BY TURN DIRECTIONS

- Begin on Hope Boulevard
- Right on Lockheed Road
  - Right on Piper Street
  - Left on 83rd Street
- Right on Stewart Blvd.
- Left on Cove View Blvd.
  - Right on FM3005
- ✚ ▪ Turnaround on CR-257
- Left on Cove View Blvd.
- Right on Stewart Blvd.
  - Left on 83rd Street
    - Right on Piper
  - Left on Lockheed
    - Left on Hope
- Head back into West Lot transition



# 2025 EVENT SCHEDULE

Schedule is tentative and subject to change. Last updated January 8, 2025.



## FRIDAY, APRIL 4, 2025

START	END	EVENT	LOCATION
2 PM	7 PM	Athlete Check-In	Moody Gardens Hotel Lot
2 PM	7 PM	IRONMAN Village <ul style="list-style-type: none"> <li>▪ Information Tent</li> <li>▪ PLAYTRI Triathlon Store &amp; Tech Service Center</li> <li>▪ VIP Spectator Credential Pick-Up</li> </ul>	Moody Gardens Hotel Lot
2 PM	7 PM	Official IRONMAN Store	Moody Gardens Hotel Lot
3 PM		Athlete Briefing	Moody Gardens Hotel Lot
5 PM		Athlete Briefing	Moody Gardens Hotel Lot

## SATURDAY, APRIL 5, 2025

START	END	EVENT	LOCATION
9 AM	4 PM	Athlete Check-In <i>AWA Priority Check-In Ends at 12 PM</i>	Moody Gardens Hotel Lot
9 AM	4 PM	IRONMAN Village <ul style="list-style-type: none"> <li>▪ Information Tent</li> <li>▪ PLAYTRI Triathlon Store &amp; Tech Service Center</li> <li>▪ VIP Spectator Credential Pick-Up</li> </ul>	Moody Gardens Hotel Lot
9 AM	4 PM	Official IRONMAN Store	Moody Gardens Hotel Lot
10 AM	5 PM	Mandatory Bike Check-In & Timing Chip Pick-Up	Transition - West Lot
11 AM		Athlete Briefing	Moody Gardens Hotel Lot
1 PM		Athlete Briefing (Spanish)	Moody Gardens Hotel Lot
2 PM		Athlete Briefing	Moody Gardens Hotel Lot

## SUNDAY, APRIL 6, 2025 - RACE DAY!

START	END	EVENT	LOCATION
5 AM	7 AM	Transition Area Open	Transition - West Lot
7 AM		Race Start	Swim Start/Palm Beach
8 AM	4 PM	IRONMAN Village <ul style="list-style-type: none"> <li>▪ Information Tent</li> </ul>	Moody Gardens Hotel Lot
8 AM	4 PM	Official IRONMAN Store	Moody Gardens Hotel Lot
10 AM	5 PM	Athlete Post-Race Food Tent	Moody Gardens Hotel Lot
2 PM	6 PM	Bike & Gear Check-Out	Transition - West Lot
4 PM		Awards Ceremony & 2025 IRONMAN 70.3 World Championship Slot Allocation/Rolldown Ceremony	Moody Gardens Hotel Lot

*Slot Allocation/Rolldown will begin immediately following Awards - Be Early!*

Sunday, April 6: 7AM - 1PM

South SC/Pct.  
1

IRONMAN  
70.3 TEXAS

HOKA  
FLY HUMAN FLY

RUN COURSE  
13.1 MILES / 3 LOOPS  
GALVESTON, TEXAS





# RACE DAY TIMELINE:

Start Format (Wave, Mass, Rolling Start)	rolling												
Pro Field	No												
Scheduled Start Time for your First Swimmer	7:00 AM Based on 2,500												
Schedule Start time for your Last Swimmer	8:10 AM 3 every 5 seconds												
Estimated First Athlete out of the Water	7:25 AM												
Estimated Last Athlete out of T1	9:30 AM Last Swimmer out at 9:20am												
Bike Pace of First Athlete	28 MPH												
Bike Pace of Last Athlete	13.4 MPH												
Run Pace of First Athlete	9.5 MPH												
Run Pace of Last Athlete	4.6 MPH												
Insert First Bike Back to TA Time here	9:25 AM												
Insert Last Runner out of T2	1:50 PM Last Bike in at 1:40pm												
Bike Course Intersection List													
Lookheed St / Piper St	Agency/Jurisdiction Staffing	Milage (At Intersection)	Total Time On Course Fast	Total Time On Course Slow	First Athlete	Last Athlete	Course Notes:						
Piper St / 83rd St		0.4	0:00:55	0:01:56	7:25 AM	9:31 AM	Swim Cut off 9:20am						
83rd St / Stewart		0.56	0:01:12	0:02:30	7:26 AM	9:32 AM							
Stewart/Cove View		1.5	0:03:13	0:06:43	7:28 AM	9:36 AM							
Aid Station #1		3	0:06:26	0:13:26	7:31 AM	9:43 AM							
Toll Booth		14.3	0:30:39	1:04:02	7:55 AM	10:34 AM							
Aid Station #2		22.6	0:48:26	1:41:12	8:13 AM	11:11 AM							
Turn Around on 3005		28	1:00:00	2:05:22	8:25 AM	11:35 AM							
Aid Station #3		28	1:00:00	2:05:22	8:25 AM	11:35 AM							
12 Mile Road (Pirates Beach)		41.7	1:29:21	3:06:43	8:54 AM	12:36 PM	12:40 PM intermediate bike cut off						
Stewart/Cove View		48.2	1:43:17	3:35:49	9:08 AM	1:05 PM							
83rd St / Stewart		53	1:53:34	3:57:19	9:18 AM	1:27 PM							
83rd St / Piper St		54.5	1:56:47	4:04:02	9:21 AM	1:34 PM							
Piper St / Lookheed St		55.44	1:58:48	4:08:14	9:23 AM	1:38 PM							
Finish *28mpt		55.57	1:59:05	4:08:49	9:24 AM	1:38 PM							
		56	2:00:00	4:10:45	9:25 AM	1:40 PM	Final Bike cut off 1:40 pm						